

WHAT ARE YOU POSTING?



Nail varnish
& perfume



Lighters
& batteries



Some prescription
medication

Are you posting safely?

To comply with transport legislation, to protect the health, safety and well being of our employees and customers, and ensure that mail in transport does not present a danger to the general public, Jersey Post Group restricts or prohibits certain items from its network.

THIS BOOKLET COVERS

Safety Data Sheets	Lighters
Aerosols	Nail varnish
Alcoholic beverages	Perfume and aftershave
Batteries	Prescription medicines
Electronic items	Labelling your items correctly
Guns	Packaging your items correctly

WHAT ARE THE PROHIBITIONS AND RESTRICTIONS?

'Dangerous goods' are articles or substances which are capable of posing a risk to health, safety, property or the environment. Existing regulations prohibit sending nearly all dangerous goods in the mail. Prohibited items (such as explosives and corrosive liquids) must never be sent in the post. The Civil Aviation Authority (CAA), Department for Transport (DfT) and the Maritime and Coastguard Agency (MCA) have agreed new rules with Jersey Post Group for sending small quantities of specific consumer items in the mail. The change means that customers will be able to post toiletry and medicinal aerosols, nail varnishes, perfumes and aftershaves to UK addresses. They also mean customers can continue to post alcohol up to 70 per cent ABV and electronic items sent with or containing lithium batteries within the UK. The updated set of rules will limit the risk posed by those items when sent in the post. Customers posting such items will need to comply with volume, quantity, packaging and labelling requirements.

WHAT SHOULD I DO NEXT?

Please refer to this guide and the relevant terms and conditions before packaging or posting any items to ensure you meet minimum safety requirements. Please note that specific country restrictions may also apply which you should check before posting any item outside the UK, IOM or other Channel Islands. It is your responsibility to check the list of prohibited and restricted items and any applicable packaging, volume, quantity and labelling requirements that apply prior to posting any item. This list of prohibited and restricted items reflects our general terms and conditions.

What can I send?

To find out if the items you intend to post are prohibited or restricted, please refer to the following A-Z of restricted and prohibited items before packaging or posting any items to international or domestic destinations.

SAFETY DATA SHEETS

European regulations require a Safety Data Sheet (SDS) to be provided for many products, either before or at the time of first delivery. Section 14 of the EU format SDS indicates that a product is classified as dangerous goods by the presence of a four digit 'UN' number. Unless specifically permitted (as shown in the A-Z list) dangerous goods are forbidden in mail.

CONSUMER WARNING MARKINGS

Some everyday household items bear consumer warning markings which may or may not indicate they are classified as dangerous goods. Products bearing the following consumer warning markings ARE classified as dangerous goods:



Note: A product bearing the corrosive marking (depicted far right above) is NOT classified as dangerous goods if the signal word and hazard statement 'Danger - causes serious eye damage' applies. Unless specifically permitted (as shown in the A-Z list) dangerous goods are forbidden in mail.

If you have any queries or for further advice visit

www.jerseypost.com or call 616590













Remember









Special conditions and packaging rules apply when sending batteries to international and UK destinations



Classes of dangerous goods

There are **nine** classes of dangerous goods. Remember that the ICAO Technical Instructions prohibit nearly all dangerous goods from being transported in the mail.

CLASS	EXAMPLES	EXAMPLE LABELS
1. Explosives	Fireworks, sparklers, flares, ammunition	  
2. Gases	Aerosols (e.g. air fresheners), camping gas cylinders, cigarette lighters, butane refills in hair straighteners	  
3. Flammable Liquids	Cigarette lighters, perfumes, alcoholic beverages with high alcohol content (>24% ABV), nail varnish remover, fuel in any car parts or used garden machiner(e.g. chainsaw with petrol)	
4. Flammable solids; substances liable to spontaneous combustion; substances which, in contact with water, emit flammable gases	Matches, firelighters, 'Chinese lanterns' containing solid fuel	  
5. Oxidising substances; organic peroxides	Bleach, car repair kit hardener	 

6. Toxic and infectious substances	Pesticides, weedkillers, poisons	 
7. Radioactive material	Smoke alarms, luminous dials	   
8. Corrosive material	Battery acid, drain cleaner, mercury (for example in a barometer)	
9. Misc. dangerous substances and articles	Lithium batteries, lead acid batteries (for example car batteries), batteries for golf buggies, motorised wheelchairs and mobility scooters	

dangerous goods

Camping equipment	May contain flammable gases (butane, propane, etc.), flammable liquids (kerosene, gasoline, etc.) or flammable solids (hexamine, matches, etc.)
Car or motorcycle parts	May include carburettors or fuel tanks that contain or have contained fuel, wet batteries, flammable aerosols, nitro methane or other gasoline additives, compressed gases in tyre inflation devices and fire extinguishers, air bags, etc.
Chemicals	May contain items meeting any of the criteria for dangerous goods, particularly flammable liquids, flammable solids, oxidisers, organic peroxides, toxic or corrosive substances
Cleaning materials	May contain aerosols, flammable liquids or corrosive substances
Cylinders	May contain compressed or liquefied gas
Electrical equipment	May contain magnetised material, mercury in switch gear, electron tubes or wet batteries
Household goods	May contain items meeting any of the criteria for dangerous goods. Examples include flammable liquids such as solventbased paint, adhesives, polishes, aerosols, bleach, corrosive oven or drain cleaners, matches, etc.
Instruments	May conceal barometers containing mercury
Machinery parts	May contain flammable adhesives, paints, sealants and solvents, wet and lithium batteries, mercury, cylinders of compressed or liquefied gas, etc
Medical supplies	May contain items meeting any of the criteria for dangerous goods, particularly flammable liquids, flammable solids, oxidisers, organic peroxides, toxic or corrosive substances
Photographic supplies	May contain items meeting any of the criteria for dangerous goods, particularly heat-producing devices, flammable liquids, flammable solids, oxidisers, organic peroxides, toxic or corrosive substances
Repair kits	May contain organic peroxides and flammable adhesives, solventbased paints, resins, etc.
Swimming pool chemicals	May contain oxidising or corrosive substances
Toolboxes	May contain explosives (power rivets), compressed gases or aerosols, flammable gases (butane cylinders or torches), flammable adhesives or paints, corrosive liquids, etc.



ID8000

Label required - see page 23.



Aerosols

Aerosols for personal grooming or medicinal purposes

(including deodorants, body sprays, hair sprays, shaving and hair removal creams, asthma inhalers, etc.)

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

Valves must be protected by a cap or other suitable means to prevent inadvertent release of the contents during transport. Aerosols must be tightly packed in strong outer packaging and must be secured or cushioned to prevent any damage. Volume per item must not exceed 350ml. No more than two aerosols can be sent in any one package. An ID8000 label must be applied. The sender's name and return address must be clearly visible on the outer packaging. Accepted for sea despatch only. Packages must be brought to the attention of a member of staff at one of our retail units and a 'DO NOT FLY' sticker will be applied.

Other aerosols containing flammable, non-flammable or toxic gases (including spray paints, lacquers, solvents, air fresheners, oven cleaners, etc.)

UK, IOM and other Channel Island destinations: No

International destinations: No

Alcoholic beverages and liquids (less than 24% ABV)

(including beer, ale, cider, wine, fortified wine, champagne)

UK, IOM and other Channel Island destinations: No

International destinations: No

Follow these packaging guidelines:

Wrap in polythene and seal with tape. Surround with absorbent material such as newspaper and sufficient cushioning material to protect each item from breakage. Volume should not exceed 1 litre per item. Mark as 'FRAGILE' when sending glass bottles. The sender's name and return address must be clearly visible on the outer packaging.



Alcoholic beverages and liquids (24% – 70% ABV)

(including whisky, vodka and most spirits and liqueurs)

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

The items must be securely closed and placed in a leak-proof liner, such as a sealed polythene bag. Surround with absorbent material and sufficient cushioning material to protect each item from breakage. Volume must not exceed 1 litre per item. No more than two items can be sent in any one package. Mark as 'FRAGILE' when sending glass bottles. The sender's name and return address must be clearly visible on the outer packaging.



Alcoholic beverages and liquids (greater than 70% ABV)

(including some high strength vodkas and absinthes)

UK, IOM and other Channel Island destinations: No

International destinations: No



Ammunition

(excluding lead pellets and other airgun and airsoft projectiles)

UK, IOM and other Channel Island destinations: No

International destinations: No



Asbestos

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

Samples of asbestos may be posted provided the sample is fixed within an inert material such as a glue or resin. Surround with cushioning material e.g. bubble wrap. The sender's name and return address must be clearly visible on the outer packaging.



Balloons filled with non-flammable gas

UK, IOM and other Channel Island destinations: No

International destinations: No



Batteries - new alkaline, nickel metal hydride (NiMH) or nickel cadmium (NiCd)

(including household AA and AAA batteries)

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Must be new and sent unopened in their original retail packaging. Surround with cushioning material e.g. bubble wrap. The sender's name and return address must be clearly visible on the outer packaging.



Label required - see page 23.



Batteries - new and used lithium ion and lithium polymer

Lithium ion/polymer batteries sent on their own

(e.g. lithium batteries sent as replacements)

UK, IOM and other Channel Island destinations: No

International destinations: No

Lithium ion/polymer batteries sent with equipment

(e.g. rechargeable batteries found in electronic devices)

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

The maximum number of batteries allowed in each package is the minimum number required to power the equipment plus two spares. The maximum net quantity of cells or batteries is 5kg per package. Watt-hour rating must not exceed 20Wh per cell or 100Wh per battery. Each cell and battery must be of a type proven to meet the requirements of each test in the UN Manual of Tests and Criteria, Part III, section 38.3. Batteries are subject to these tests irrespective of whether the cells of which they are composed have been so tested. Cells and batteries must be manufactured under a quality management programme as specified in the ICAO Technical Instructions for the Safe Transport of Dangerous Goods by Air. Cells or batteries that are defective for safety reasons, or that have been damaged, are forbidden. Any person preparing or offering cells or batteries with or in equipment for transport must receive adequate instruction on the requirements commensurate with their responsibilities. The consignment must be accompanied with a document with an indication that the package contains lithium ion cells or batteries; that the package must be handled with care and that a flammability hazard exists if the package is damaged; that special procedures must be followed in the event the package is damaged, to include inspection and repacking if necessary; and also a telephone number for additional information. Cells and batteries must be packed in inner packagings that completely enclose the cell or battery. Cells and batteries must be protected against short circuit, including protection against contact with conductive materials within the same packaging that could lead to a short circuit. The equipment sent with cells or batteries must be packed in strong rigid packaging and must be secured against movement within the outer packaging and packed to prevent accidental activation. Lithium battery handling label to be applied. The sender's name and return address must be clearly visible on the outer packaging.



No Label required

Lithium ion/polymer batteries contained in equipment

(e.g. rechargeable batteries found in electronic devices)

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Each package must contain no more than four cells or two batteries installed in equipment. The maximum net quantity of cells or batteries is 5kg per package. Watt-hour rating must not exceed 20Wh per cell or 100Wh per battery. Each cell and battery must be of a type proven to meet the requirements of each test in the UN Manual of Tests and Criteria, Part III, section 38.3. Batteries are subject to these tests irrespective of whether the cells of which they are composed have been so tested. Cells and batteries must be manufactured under a quality management programme as specified in the ICAO Technical Instructions for the Safe Transport of Dangerous Goods by Air. Cells or batteries that are defective for safety reasons, or that have been damaged, are forbidden. Any person preparing or offering cells or batteries with or in equipment for transport must receive adequate instruction on the requirements commensurate with their responsibilities. Cells and batteries must be protected against short circuit. The equipment containing cells or batteries must be packed in strong rigid packaging and must be secured against movement within the outer packaging and packed to prevent accidental activation. The sender's name and return address must be clearly visible on the outer packaging.



Batteries - new and used lithium metal and lithium alloy

Lithium metal/alloy batteries sent on their own

(e.g. lithium batteries sent as replacements)

UK, IOM and other Channel Island destinations: No

International destinations: No

Lithium metal/alloy batteries sent with equipment

(e.g. non-rechargeable batteries found in electronic devices)

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

The maximum number of batteries allowed in each package is the minimum number required to power the equipment plus two spares. The maximum net quantity of cells or batteries is 5kg per package. The lithium content must not be more than 1g per cell or 2g per battery. Each cell and battery must be of a type proven to meet the requirements of each test in the UN Manual of Tests and Criteria, Part III, section 38.3. Batteries are subject to these tests irrespective of whether the cells of which they are composed have been so tested. Cells and batteries must be manufactured under a quality management programme as specified in the ICAO Technical Instructions for the Safe Transport of Dangerous Goods by Air. Cells or batteries that are defective for safety reasons, or that have been damaged, are forbidden. Any person preparing or offering cells or batteries with or in equipment for transport must receive adequate instruction on the requirements commensurate with their responsibilities. The consignment must be accompanied with a document with an indication that the package contains lithium metal cells or batteries; that the package must be handled with care and that a flammability hazard exists if the package is damaged; that special procedures must be followed in the event the package is damaged, to include inspection and repacking if necessary; and also a telephone number for additional information.



Label required - see page 23.



No Label required

Cells and batteries must be packed in inner packaging that completely enclose the cell or battery. Cells and batteries must be protected against short circuit, including protection against contact with conductive materials within the same packaging that could lead to a short circuit. The equipment sent with cells or batteries must be packed in strong rigid packaging and must be secured against movement within the outer packaging and packed to prevent accidental activation.

Lithium battery handling label to be applied. The sender's name and return address must be clearly visible on the outer packaging.

Lithium metal/alloy batteries contained in equipment

(e.g. non-rechargeable batteries found in electronic devices)

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Each package must contain no more than four cells or two batteries installed in equipment. The maximum net quantity of cells or batteries is 5kg per package. The lithium content must not be more than 1g per cell or 2g per battery. Each cell and battery must be of a type proven to meet the requirements of each test in the UN Manual of Tests and Criteria, Part III, section 38.3. Batteries are subject to these tests irrespective of whether the cells of which they are composed have been so tested. Cells and batteries must be manufactured under a quality management programme as specified in the ICAO Technical Instructions for the Safe Transport of Dangerous Goods by Air. Cells or batteries that are defective for safety reasons, or that have been damaged, are forbidden. Any person preparing or offering cells or batteries with or in equipment for transport must receive adequate instruction on the requirements commensurate with their responsibilities. Cells and batteries must be protected against short circuit. The equipment containing cells or batteries must be packed in strong rigid packaging and must be secured against movement within the outer packaging and packed to prevent accidental activation. The sender's name and return address must be clearly visible on the outer packaging.



Batteries - new wet, non-spillable

(e.g. sealed lead acid batteries, absorbed glass mat and gel cell batteries)

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

Batteries must comply with Special Provision 238 of the UN Recommendations on the Transport of Dangerous Goods, Model Regulations (please check with the manufacturer or distributor). No more than one battery in any one package. Maximum weight 1.5kg. Item must be protected against short circuit (by the effective insulation of exposed terminals) and securely packaged. Package must be marked "NOT RESTRICTED" and "SPA67 / SP238". The sender's name and return address must be clearly visible on the outer packaging.



Batteries classified as dangerous goods and certain used batteries

Batteries that are classified as dangerous goods by the latest edition of the Technical Instructions for Safe Transport of Dangerous Goods by Air published by the International Civil Aviation Organisation (ICAO) including wet spillable lead acid/lead alkaline batteries (including car batteries), lithium batteries when not sent with or in equipment, damaged batteries of any type, together with used alkaline and nickel metal hydride batteries.

UK, IOM and other Channel Island destinations: No
International destinations: No



Biological substances

(Diagnostic specimens including blood and urine. Category B (UN3373) as classified in the latest edition of the Technical Instructions for Safe Transport of Dangerous Goods by Air published by the International Civil Aviation Organisation (ICAO))

UK, IOM and other Channel Island destinations: Yes
International destinations: No

Follow these packaging guidelines:

May only be sent by, or at the specific request of, a qualified medical practitioner, registered dental practitioner, veterinary surgeon, registered nurse or a recognised laboratory or institution. The total sample volume/mass in any parcel must not exceed 50ml/50g. All biological substances must be posted in packaging that complies with Packaging Instruction 650 and can only be sent using Special Delivery. The sender's name and return address must be clearly visible on the outer packaging.



Christmas Crackers

UK, IOM and other Channel Island destinations: Yes
International destinations: Yes

Follow these packaging guidelines:

Can only be sent in their made up form in their original retail packaging. The snap or 'banger' must be removed from parcels intended for British Forces Post Office (BFPO).



Clinical and medical waste

(including contaminated dressings, bandages and needles)

UK, IOM and other Channel Island destinations: No
International destinations: No



Controlled drugs and narcotics

(including cannabis, cocaine, heroin, LSD, opium and amyl nitrate)

UK, IOM and other Channel Island destinations: No
International destinations: No



Corrosives

(including dyes, acids, corrosive paint and rust removers, caustic soda, mercury and gallium metal)

UK, IOM and other Channel Island destinations: No
International destinations: No



Counterfeit currency, bank notes and stamps

(including any false instrument, or copy of a false instrument within the meaning of section 5 of the Forgery and Counterfeiting Act 1981)

UK, IOM and other Channel Island destinations: No
International destinations: No



Dry Ice

(e.g. UN1845 when used as a coolant for UN3373 or for other perishable items)

UK, IOM and other Channel Island destinations: No
International destinations: No



Electronic items sent with new alkaline, nickel metal hydride (NiMH) or nickel cadmium (NiCd) batteries

UK, IOM and other Channel Island destinations: Yes
International destinations: Yes

Follow these packaging guidelines:

Must be new and sent unopened in their original retail packaging. Surround with sufficient cushioning material to protect each item from damage. Wrap each item, including plugs, individually. Place item in a rigid container and cushion to avoid movement. Any equipment sent with batteries or cells must be secured against movement within the outer packaging and must be packed to prevent accidental activation. The sender's name and return address must be clearly visible on the outer packaging.



Electronic items sent with new and used lithium metal and lithium alloy batteries



Label required - see page 23.

Lithium metal/alloy batteries sent with equipment

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

The maximum number of batteries allowed in each package is the minimum number required to power the equipment plus two spares. The maximum net quantity of cells or batteries is 5kg per package. The lithium content must not be more than 1g per cell or 2g per battery. Each cell and battery must be of a type proven to meet the requirements of each test in the UN Manual of Tests and Criteria, Part III, section 38.3. Batteries are subject to these tests irrespective of whether the cells of which they are composed have been so tested. Cells and batteries must be manufactured under a quality management programme as specified in the ICAO Technical Instructions for the Safe Transport of Dangerous Goods by Air. Cells or batteries that are defective for safety reasons, or that have been damaged, are forbidden. Any person preparing or offering cells or batteries with or in equipment for transport must receive adequate instruction on the requirements commensurate with their responsibilities. The consignment must be accompanied with a document with an indication that the package contains lithium ion cells or batteries; that the package must be handled with care and that a flammability hazard exists if the package is damaged; that special procedures must be followed in the event the package is damaged, to include inspection and repacking if necessary; and also a telephone number for additional information. Cells and batteries must be packed in inner packagings that completely enclose the cell or battery. Cells and batteries must be protected against short circuit, including protection against contact with conductive materials within the same packaging that could lead to a short circuit. The equipment sent with cells or batteries must be packed in strong rigid packaging and must be secured against movement within the outer packaging and packed to prevent accidental activation. **Lithium battery handling label** to be applied. The sender's name and return address must be clearly visible on the outer packaging.

Lithium metal/alloy batteries contained in equipment

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Each package must contain no more than four cells or two batteries installed in equipment. The maximum net quantity of cells or batteries is 5kg per package. The lithium content must not be more than 1g per cell or 2g per battery. Each cell and battery must be of a type proven to meet the requirements of each test in the UN Manual of Tests and Criteria, Part III, section 38.3. Batteries are subject to these tests irrespective of whether the cells of which they are composed have been so tested. Cells and batteries must be manufactured under a quality management programme as specified in the ICAO Technical Instructions for the Safe Transport of Dangerous Goods by Air. Cells or batteries that are defective for safety reasons, or that have been damaged, are forbidden. Any person preparing or offering cells or batteries with or in equipment for transport must receive adequate instruction on the requirements commensurate with their responsibilities. Cells and batteries must be protected



No Label required



Label required - see page 23.

against short circuit. The equipment containing cells or batteries must be packed in strong rigid packaging and must be secured against movement within the outer packaging and packed to prevent accidental activation. The sender's name and return address must be clearly visible on the outer packaging.

Electronic items sent with lithium ion and lithium polymer batteries

Lithium ion/polymer batteries sent with equipment

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

The maximum number of batteries allowed in each package is the minimum number required to power the equipment plus two per package. Watt-hour rating must not exceed 20Wh per cell or 100Wh per battery. Each cell and battery must be of a type proven to meet the requirements of each test in the UN Manual of Tests and Criteria, Part III, section 38.3. Batteries are subject to these tests irrespective of whether the cells of which they are composed have been so tested. Cells and batteries must be manufactured under a quality management programme as specified in the ICAO Technical Instructions for the Safe Transport of Dangerous Goods by Air. Cells or batteries that are defective for safety reasons, or that have been damaged, are forbidden. Any person preparing or offering cells or batteries with or in equipment for transport must receive adequate instruction on the requirements commensurate with their responsibilities. The consignment must be accompanied with a document with an indication that the package contains lithium ion cells or batteries; that the package must be handled with care and that a flammability hazard exists if the package is damaged; that special procedures must be followed in the event the package is damaged, to include inspection and repacking if necessary; and also a telephone number for additional information. Cells and batteries must be packed in inner packagings that completely enclose the cell or battery. Cells and batteries must be protected against short circuit, including protection against contact with conductive materials within the same packaging that could lead to a short circuit. The equipment sent with cells or batteries must be packed in strong rigid packaging and must be secured against movement within the outer packaging and packed to prevent accidental activation. **Lithium battery handling label** to be applied. The sender's name and return address must be clearly visible on the outer packaging.

Lithium ion/polymer batteries contained in equipment

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Each package must contain no more than four cells or two batteries installed in equipment. The maximum net quantity of cells or batteries is 5kg per package. Watt-hour rating must not exceed 20Wh per cell or 100Wh per battery. Each cell and battery must be of a type proven to meet the requirements of each test in the UN Manual of Tests and Criteria, Part III, section 38.3. Batteries are subject to these tests irrespective of whether the cells of which they are composed have been so tested. Cells and batteries must be manufactured under a quality management programme as specified in the ICAO Technical Instructions for the Safe Transport of Dangerous Goods by Air. Cells or batteries that are defective for safety reasons, or that have been damaged, are forbidden. Any person preparing or offering cells or batteries with or in equipment for



No Label required

transport must receive adequate instruction on the requirements commensurate with their responsibilities. Cells and batteries must be protected against short circuit. The equipment containing cells or batteries must be packed in strong rigid packaging and must be secured against movement within the outer packaging and packed to prevent accidental activation. The sender's name and return address must be clearly visible on the outer packaging.



Electronic items containing any batteries exceeding 100wh

(including electric bicycles and some high performance laptops)

UK, IOM and other Channel Island destinations: No

International destinations: No



Environmental waste

(including used batteries and used engine oil)

UK, IOM and other Channel Island destinations: No

International destinations: No



Explosives

(including fireworks, flares, blasting caps, Christmas cracker snaps)

UK, IOM and other Channel Island destinations: No

International destinations: No



Flammable liquids

(including petroleum, lighter fluid, certain adhesives, solvent-based paints, wood varnish, enamels and acetones including nail varnish removers; also see Alcoholic Beverages, Perfumes and Aftershaves and Nail Varnish)

UK, IOM and other Channel Island destinations: No

International destinations: No



Flammable solids

(including magnesium, phosphorous, potassium, sodium, zinc and fire lighters)

UK, IOM and other Channel Island destinations: No

International destinations: No



Frozen water

(including packs of ice)

UK, IOM and other Channel Island destinations: No

International destinations: No



Gases

(including flammable, non-flammable, toxic and compressed gases, gas cylinders for camping stoves, butane, ethane, refills for lighters, fire extinguishers and scuba tanks; also see Aerosols and Lighters)

UK, IOM and other Channel Island destinations: No

International destinations: No



Goods made in foreign prisons

(except those imported for a non-commercial purpose, of a kind not manufactured in the United Kingdom, or those in transit)

UK, IOM and other Channel Island destinations: No

International destinations: No



Guns for sporting use

(Guns intended for sporting purposes - including Section 1 and Section 2 firearms, lowpowered air guns and their component parts - may be sent in compliance with UK law and subject to domestic controls on the possession of firearms. The sender's name and address must be clearly visible on the outer packaging).

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes



Human or animal remains

(including ashes)

UK, IOM and other Channel Island destinations: No

International destinations: No



Infectious substances and pathogens

(UN2814 or UN2900) as classified in the latest edition of the Technical Instructions for Safe Transport of Dangerous Goods by Air published by the International Civil Aviation Organisation (ICAO)

UK, IOM and other Channel Island destinations: No

International destinations: No



Lighters

(new and unused empty lighters)

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Must be new, empty and sent unopened in their original retail packaging. A sender's name and return address must be clearly visible on the outer packaging. (lighters or refills containing flammable liquid or gas including used butane and petrol cigar and cigarette lighters; also see Aerosols, Flammable Liquids and Gases)

UK destinations: No

International destinations: No



Liquids over 1 litre

(containing liquids not classified as dangerous goods)

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

Volume per item of any liquid sent internationally should not exceed 1 litre. Some liquids, such as alcohol or paints, have their own additional restrictions. The items must be securely closed and placed in a leak-proof liner, such as a sealed polythene bag, so that any inadvertent leakage is contained within the outer packaging. Surround with absorbent material such as newspaper and sufficient cushioning material to protect each item from damage. Mark as "FRAGILE" when sending glass bottles. The sender's name and address must be clearly visible on the outer packaging.



Live animals and reptiles

(including snakes, mice and rodents)

UK, IOM and other Channel Island destinations: No

International destinations: No



Live creatures, insects and invertebrates

(including bees, caterpillars, cockroaches, crickets, destroyers of noxious pests, earthworms, fish fry and eggs, leeches and other parasites, lugworms, maggots, mealworms, pupae and chrysalides, rag worms, silkworms, spiders and stick insects)

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Must be boxed and packaged to protect the creatures, our staff and our customers from harm. Items must be clearly marked '**URGENT - LIVING CREATURES - HANDLE WITH CARE**'. The sender's name and address must be clearly visible on the outer packaging.

(if classified as dangerous within the Dangerous Wild Animals Act 1976, including certain venomous spiders)

UK, IOM and other Channel Island destinations: No

International destinations: No



Lottery tickets

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

Foreign lottery tickets are prohibited. UK lottery tickets are allowed in the domestic post.



Magnetised material

Other than those that are prohibited (including loud speakers)

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Wrap soft packing material at least 2cm thick around each item. The sender's name and return address must be clearly visible on the outer packaging.

With a magnetic field strength of 0.159A/metre or more at a distance of 2.1 metres from the outside of the package

(including certain Public Address systems)

UK, IOM and other Channel Island destinations: No

International destinations: No



Matches

UK, IOM and other Channel Island destinations: No
International destinations: No



Nail varnish and polish

UK, IOM and other Channel Island destinations: Yes
International destinations: No



Label required - see page 23.

Follow these packaging guidelines:

Volume per item must not exceed 30ml. No more than four bottles of nail varnish can be sent in any one package. Bottles of nail varnish must be placed in strong outer packaging and be so packed, secured or cushioned in such a way that they cannot break, be punctured or leak their contents into the outer packaging. **An ID8000 label must be applied.** The sender's name and return address must be clearly visible on the outer packaging. Accepted for sea despatch only. Packages must be brought to the attention of a member of staff at one of our retail units and a **'DO NOT FLY'** sticker will be applied.



Obscene publications and pornography

(including pornography as detailed in Part 5 of the Criminal Justice and Immigration Act 2008 and indecent photographs or pseudo-photographs of a child as detailed in section 160 and 161 of the Criminal Justice Act 1988) If we find such items in the post we will inform the Police.

UK, IOM and other Channel Island destinations: No
International destinations: No



Oxidising materials and organic peroxides

(including disinfectants, nitrates and hair dyes or colourants containing peroxide)

UK, IOM and other Channel Island destinations: No
International destinations: No



Paints, wood varnishes and enamels - solvent-based

(except nail varnish or nail polish with a volume of 30ml or less when sent to a UK destination)

UK, IOM and other Channel Island destinations: No
International destinations: No



Paints, wood stains and enamels -water-based

UK, IOM and other Channel Island destinations: Yes
International destinations: Yes

Follow these packaging guidelines:

The items must be securely closed and placed in a leak-proof liner, such as a sealed polythene bag, so that any inadvertent leakage is contained within the outer packaging. Surround with absorbent material such as newspaper and sufficient cushioning material to protect each item from damage. Volumes per item should not exceed 150ml. No more than four items can be sent in any one package. The sender's name and return address must be clearly visible on the outer packaging.



Perfume and aftershave

(including eau de parfum and eau de toilette)



Label required - see page 23.

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

Volume per item must not exceed 150ml. No more than four perfumes or aftershaves can be sent in any one package. The perfume or aftershave must be within its original retail packaging and then placed in strong outer packaging. The inner packaging must be packed, secured or cushioned to prevent breakage or leakage of their contents into the outer packaging. **An ID8000 label must be applied.** The sender's name and return address must be clearly visible on the outer packaging. Accepted for sea despatch only. Packages must be brought to the attention of a member of staff at one of our retail units and a **'DO NOT FLY'** sticker will be applied.



Perishables

(including flowers, fresh fruit, vegetables and frozen or chilled foodstuffs)

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

Should be able to withstand a journey of up to 48 hours. Must be suitably sealed to prevent leakage or tainting of other items such as in sealed vacuum packs. Strong corrugated board box or purpose designed polystyrene pack name and return address must be clearly visible on the outer packaging.



Pesticides

(including weed killer and any chemical used to kill pests and insects, such as fly sprays)

UK, IOM and other Channel Island destinations: No

International destinations: No



Poisons, toxic liquids, solids or gases

(including substances that are liable to cause death or injury if swallowed or inhaled or by skin contact, including arsenic, beryllium, cyanide, fluorine, rat poison)

UK, IOM and other Channel Island destinations: No

International destinations: No



Prescription medicines and drugs sent for scientific or medical purposes

(non-toxic and non-flammable)

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

May only be sent by, or at the specific request of, a qualified medical practitioner, registered dental practitioner, veterinary surgeon, registered nurse or a recognised laboratory or institution. **Private individuals may send medicines in prescription quantities in cases of emergency only. All drugs and medical prescriptions can only be sent using Special Delivery, Airtsure or International Signed For Services.** Volume/ mass per item must not exceed 50ml/50g. The medicines must be securely closed and placed in a leak-proof container such as a sealed polythene bag (for liquids) or a sift-proof container (for solids). Must be tightly packed in strong outer packaging and must be secured or cushioned to prevent any damage. The sender's name and return address must be clearly visible on the outer packaging.

(toxic, flammable, or toxic and flammable)

UK, IOM and other Channel Island destinations: Yes

International destinations: No

Follow these packaging guidelines:

May only be sent by, or at the specific request of, a qualified medical practitioner, registered dental practitioner, veterinary surgeon, registered nurse or a recognised laboratory or institution. Volume/ mass per item must not exceed 50ml/50g. **Private individuals may send medicines in prescription quantities in cases of emergency only. All drugs and medical prescriptions can only be sent using Special Delivery Services.** No more than eight items can be sent in any one packet/ parcel. The medicines must be securely closed and placed in a leakproof container



Label required - see page 23.



Radioactive material and samples

Not classified as dangerous goods in the latest edition of the Technical Instructions for the Safe Transport of Dangerous Goods by Air published by the International Civil Aviation Organisation (ICAO) such as samples of granite rock

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Surround with cushioning material e.g. bubble wrap. The sender's name and return address must be clearly visible on the outer packaging.

Classified as dangerous goods in the latest edition of the Technical Instructions for the Safe Transport of Dangerous Goods by Air published by the International Civil Aviation Organisation (ICAO) such as luminous dials from aircraft

UK, IOM and other Channel Island destinations: No

International destinations: No



Sharp objects and instruments

(including scissors and kitchen knives or utensils)

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

Wrap heavy cardboard around sharp edges and points, strong enough to ensure that the contents do not pierce the outer packaging. Wrap each item with cushioning material. Place in a suitable outer container such as a padded envelope. The sender's name and return address must be clearly visible on the outer packaging.



Tickets and related advertisements for illegal lotteries

UK, IOM and other Channel Island destinations: No

International destinations: No



Vaccines

UK, IOM and other Channel Island destinations: Yes

International destinations: Yes

Follow these packaging guidelines:

May only be sent by, or at the specific request of, a qualified medical practitioner, registered dental practitioner, veterinary surgeon, registered nurse or a recognised laboratory or institution. Volume/mass per item must not exceed 50ml/50g. All drugs and medical prescriptions can only be sent using Special Delivery, Airsure or International Signed For Services. The medicines must be securely closed and placed in a leakproof liner such as a sealed polythene bag (for liquids) or a sift-proof container (for solids). Must be tightly packed in strong outer packaging and must be secured or cushioned to prevent any damage. The sender's name and return address must be clearly visible on the outer packaging.



Waste, dirt, filth or refuse

(including household waste)

UK, IOM and other Channel Island destinations: No

International destinations: No



Weapons

(including Section 5 firearms, CS gas and pepper sprays, flick knives, tasers and stun guns)

UK, IOM and other Channel Island destinations: No

International destinations: No

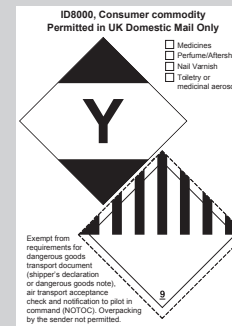
Please be aware:



You are responsible for checking whether any items you send are prohibited or restricted. Restrictions vary from country to country and you must not send any item addressed to a country in which the item is banned. Any item which resembles a prohibited item may be subject to additional scrutiny which may cause delays. Failure to comply with these regulations may affect your ability to claim compensation and could result in prosecution. We reserve the right to refuse any other item banned by law or that in our opinion may be harmful or dangerous to our customers, employees or the general public.

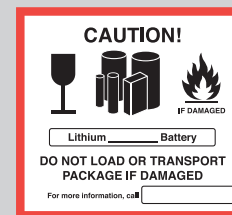
Make sure your items are labelled correctly

For packages which need to be labelled with an ID8000 label or a Lithium battery handling label please follow the instructions below:



Consumer Commodity in UK Mail label (ID8000)

- Label must be 99 x 139mm in size.
- Tick the relevant box according to the contents of the package. If sending multiple items, tick all the boxes that apply.
- Apply the label securely and visibly to the outer packaging.



Lithium battery handling label

- Label must be 120 x 110mm (large packages) or 74 x 105mm (on packages which are too small to bear larger labels) in size.
- Write or print the word 'metal' or 'iron' in the space after lithium to indicate the type of battery contained within the package.
- Include a contact telephone number.
- Apply the label securely and visibly to the outer packaging.

Make sure your items are packaged correctly

For items which are not subject to special packaging guidelines, we recommend that you follow these general packaging guidelines to ensure they are always properly packed and delivered safely.

1	Use padded envelopes for sharp edges or odd shapes to prevent the items cutting through the outer packaging.
2	Use an outer carton strong enough for the weight of the contents which is made of strong cardboard.
3	Use FRAGILE or PERISHABLE stickers, if necessary.
4	For fragile items, use a purpose made container or pack the item with bubble wrap, polystyrene chips or crushed paper.
5	When packaging multiple items, make sure that the items cannot touch each other or the sides of the outer carton.
6	Write a return address clearly on the outer packaging so we can return the item if it is undelivered.
7	Seal the item securely using strong tape along all the openings.
8	Flatten any sharp ends of staples and cover with tape.
9	If you re-use cardboard boxes or any other container which was previously used to transport items, please ensure that these boxes / containers have not been weakened so that contents could get damaged. This would affect any compensation claim.
10	Consider using reinforced corners if the contents of the packet are heavy.
11	For guidelines and examples of items that need to be wrapped and packed more carefully see our website.

***If you have any queries or for further advice
visit www.jerseypost.com or call 616590***